



**FOR IMMEDIATE RELEASE**

September 27, 2019

Contact:

Shawn P. Middleton  
Director of Communications  
(781) 324-7705 ext. 320  
smiddleton@mves.org

**Mystic Valley Elder Services Delivers Fresh Produce  
to Older Adults as Part of Annual Program**

**(Malden, MA)**—Mystic Valley Elder Services (MVES) recently delivered nearly 160 bags filled with fresh fruits and vegetables to homebound older adults as part of their annual Senior Farmers Market Nutrition Program.

The Senior Farmers Market Nutrition Program is funded by the Mass. Department of Agricultural Resources. MVES was granted funds to purchase produce from a local farmer, Carl Hills, from Kimball Fruit Farm in Pepperell, Mass. The program is designed to benefit local farmers and eligible low-income seniors who may not have such nutrition and fresh produce in their daily diet.

The bags of fresh produce are delivered by MVES Care Managers to identified seniors they care for in the communities of Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and Winthrop.



*Mystic Valley Elder Services consumer Anita Costa from Stoneham received her fresh produce bag from her care manager as part of Mystic Valley Elder Services' annual Senior Farmers Market Nutrition Program.*



*Carl Hills from Kimball Farm in Pepperell, MA, who provided the fresh produce, joins Mystic Valley Elder Services Nutrition staff Nancy Mullaly, Nutrition Care Manager, Carla Castillo, Linda Crowe, and Wendy Sturgeon, Nutrition Program Managers, as they bag fresh fruits and vegetables to be delivered by care managers to homebound older adults as part of Mystic Valley's annual Senior Farmers Market Nutrition Program.*

**-30-**

### **About Mystic Valley Elder Services**

*Located in Malden, Mass., Mystic Valley Elder Services is a non-profit agency that provides essential home- and community-based care and resources to elders, adults living with disabilities, and caregivers of any income level who reside in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and Winthrop. Agency services include coordination of home care, transportation, Meals on Wheels, and information and referrals. For more information, please call (781) 324-7705 or visit [www.mves.org](http://www.mves.org).*

