

**FOR IMMEDIATE RELEASE**

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**Mystic Valley Elder Services' Team Ice Cream Holds Ice Cream Social at Wakefield Residential Housing Unit**

**(Malden, MA)**— Mystic Valley Elder Services (MVES) staff, or “Team Ice Cream” continued its ice cream socials and stopped by their residential housing unit Hart Hill Heights at 50 Hart Hill Road in Wakefield so residents could get a cold ice cream to cool themselves off during the warm summer days.

Despite the rain, more than 50 residents joined in the fun activity while practicing social distancing from their neighbors. Residents were thrilled to see MVES Residential Service Coordinators in person and get a sweet treat from them that day. Many of the residents expressed how much they missed social events and how hard past several months have been.

MVES has held 6 ice cream socials handing out 600 ice creams in different communities throughout the Mystic Valley region.

For more information on MVES programs and other services, please call (781) 324-7705 or visit [www.mves.org](http://www.mves.org).

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**Photos:**



*Residents from Hart Hill Heights line up for a free ice cream provided by Mystic Valley Elder Services Resident Service Coordinators.*



*A resident from Hart Hill Heights is getting ready to enjoy her free ice cream.*



*Mystic Valley Elder Services Resident Service Coordinator Terri Fitzgerald hands out a free ice cream to a Hart Hill Heights resident.*



*Mystic Valley Elder Services Resident Service Coordinators, members of Team Ice Cream Team, (Front) Julie Souliotis (Back from left to right) Katie Todisco, Terri Fitzgerald, Roberto Tobalino, Sarah Schad and Ice Cream Man Mike.*

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**About Mystic Valley Elder Services**

*Celebrating 45 Years of helping older adults keep their independence, Mystic Valley Elder Services is a non-profit agency located in Malden, Mass., that provides essential home- and community-based care and resources to older adults, adults living with disabilities, and caregivers who reside in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and Winthrop, regardless of their income level. Agency services include coordination of home care, transportation, Meals on Wheels, and information and referrals. For more information, please call (781) 324-7705 or visit [www.mves.org](http://www.mves.org).*