***July***   ***Kosher Menu***

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| **Monday 1st**  | **Tuesday 2nd**  | **Wednesday 3rd**  | **Thursday 4th**  | **Friday 5th**  |
| **Cranberry Chicken Salad on****Bulkie Roll Sliced Tomato****Russian Potato Salad****Pineapple****(cal) 876 (Na) 873** | **Pasta Primavera w/ Veggie Crumble****Roast Broccoli****Orange****Whole Grain Bread****(cal) 817 (Na) 735** | **Herb Crusted Tilapia****Squash Medley****Steamed Rice****Pound Cake****Dinner Roll****(cal) 721 (Na) 655** | **Independence Day** | **Blueberry Blintz w/ Blueberry Sauce****Home Fries****Veggie Sausage****Peaches****Challah Bread****(cal) 737 (Na) 875** |
| **Monday 8th**  | **Tuesday 9th**  | **Wednesday 10th**  | **Thursday 11th**  | **Friday 12th**  |
| **Beef Knish****Steamed Rice****Roast Beets****Dinner Roll****Apple Sauce(cal) 864 (Na) 524** | **Apple Stuffed Chicken****Baked Potato****Peas and Onions****Pineapple****Whole Grain Bread****(cal) 701 (Na) 585** | **Cod Cakes w/ Lemon Sauce****Rice Pilaf****Asparagus****Dinner Roll****Cake(cal) 877 (Na) 934** | **Kotleti (Chicken Patty with Gravy)****Vegetable Potato Medley****Cookie****Dinner Roll(cal) 964 (Na) 856** | **Beef Pelmini****Caramelized Onion and Mushrooms****Roast Potato****Fruit Cup****Challah Bread****(cal) 925 (Na) 803** |
| **Monday 15th**  | **Tuesday 16th**  | **Wednesday 17th**  | **Thursday 18th**  | **Friday 19th**  |
| **Chicken Schnitzel with Gravy****Rice Pilaf****Steamed Broccoli****Jello****Dinner Roll(cal) 722 (Na) 571** | **Garden Salad w/ Salmon Salad****Italian Dressing****Whole Grain Bread****Pear(cal) 724 (Na) 646** | **Pasta Primavera with Veggie Crumble****Steamed Spinach****Pudding****Dinner Roll(cal) 836 (Na) 846** | **Meatloaf with Gravy****Mashed Potato****Green Beans****Banana****Whole Grain Bread****(cal) 760 (Na) 532** | **Chicken Kiev****Roast Beets****Sweet Potato****Clementine****Challah Bread(cal)730 (Na) 881** |
| **Monday 22nd**  | **Tuesday 23rd**  | **Wednesday 24th**  | **Thursday 25th**  | **Friday 26th**  |
| **Meatball Stroganoff****Egg Noodles****Steamed Carrots****Fruit Cup****Dinner Roll(cal) 713 (Na) 583** | **Herb Roast Chicken****Asparagus****Potato Latkes****Cookie****Whole Grain Bread(cal) 717(Na) 1025** | **Stuffed Cabbage****Spinach****Sweet Potato****Cake****Dinner Roll****(cal) 700 (Na) 1184** | **Dill Poached Salmon****Rice****Steamed Carrots****Pears****Whole Grain Bread(cal) 811 (Na) 876** | **Apricot Chicken****Baked Potato****Roast Tomato****Orange****Challah Bread(cal) 741 (Na) 837** |
| **Monday 29th**  | **Tuesday 30th**  | **Wednesday 31st**  | **Thursday**  | **Friday**  |
| **Red Wine Brisket** **Mashed Potato****Green Beans****Dinner Roll****Cookie** **(cal) 767 (Na) 400** | **Herb Roast Chicken****Roast Sweet Potato****Steamed Corn****Whole Grain Bread****Fruit Cup****(cal) 701 (Na) 842** | **Baked Cod****Rice Pilaf****Steamed Broccoli****Dinner Roll****Marble Cake** **(cal) 702 (Na) 1117** |  |  |