***July***   ***Kosher Menu***

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| **Monday 1st** | **Tuesday 2nd** | **Wednesday 3rd** | **Thursday 4th** | **Friday 5th** |
| **Cranberry Chicken Salad on**  **Bulkie Roll Sliced Tomato**  **Russian Potato Salad**  **Pineapple**  **(cal) 876 (Na) 873** | **Pasta Primavera w/ Veggie Crumble**  **Roast Broccoli**  **Orange**  **Whole Grain Bread**  **(cal) 817 (Na) 735** | **Herb Crusted Tilapia**  **Squash Medley**  **Steamed Rice**  **Pound Cake**  **Dinner Roll**  **(cal) 721 (Na) 655** | **Independence Day** | **Blueberry Blintz w/ Blueberry Sauce**  **Home Fries**  **Veggie Sausage**  **Peaches**  **Challah Bread**  **(cal) 737 (Na) 875** |
| **Monday 8th** | **Tuesday 9th** | **Wednesday 10th** | **Thursday 11th** | **Friday 12th** |
| **Beef Knish**  **Steamed Rice**  **Roast Beets**  **Dinner Roll**  **Apple Sauce (cal) 864 (Na) 524** | **Apple Stuffed Chicken**  **Baked Potato**  **Peas and Onions**  **Pineapple**  **Whole Grain Bread**  **(cal) 701 (Na) 585** | **Cod Cakes w/ Lemon Sauce**  **Rice Pilaf**  **Asparagus**  **Dinner Roll**  **Cake (cal) 877 (Na) 934** | **Kotleti (Chicken Patty with Gravy)**  **Vegetable Potato Medley**  **Cookie**  **Dinner Roll (cal) 964 (Na) 856** | **Beef Pelmini**  **Caramelized Onion and Mushrooms**  **Roast Potato**  **Fruit Cup**  **Challah Bread**  **(cal) 925 (Na) 803** |
| **Monday 15th** | **Tuesday 16th** | **Wednesday 17th** | **Thursday 18th** | **Friday 19th** |
| **Chicken Schnitzel with Gravy**  **Rice Pilaf**  **Steamed Broccoli**  **Jello**  **Dinner Roll (cal) 722 (Na) 571** | **Garden Salad w/ Salmon Salad**  **Italian Dressing**  **Whole Grain Bread**  **Pear (cal) 724 (Na) 646** | **Pasta Primavera with Veggie Crumble**  **Steamed Spinach**  **Pudding**  **Dinner Roll (cal) 836 (Na) 846** | **Meatloaf with Gravy**  **Mashed Potato**  **Green Beans**  **Banana**  **Whole Grain Bread**  **(cal) 760 (Na) 532** | **Chicken Kiev**  **Roast Beets**  **Sweet Potato**  **Clementine**  **Challah Bread (cal)730 (Na) 881** |
| **Monday 22nd** | **Tuesday 23rd** | **Wednesday 24th** | **Thursday 25th** | **Friday 26th** |
| **Meatball Stroganoff**  **Egg Noodles**  **Steamed Carrots**  **Fruit Cup**  **Dinner Roll (cal) 713 (Na) 583** | **Herb Roast Chicken**  **Asparagus**  **Potato Latkes**  **Cookie**  **Whole Grain Bread (cal) 717(Na) 1025** | **Stuffed Cabbage**  **Spinach**  **Sweet Potato**  **Cake**  **Dinner Roll**  **(cal) 700 (Na) 1184** | **Dill Poached Salmon**  **Rice**  **Steamed Carrots**  **Pears**  **Whole Grain Bread (cal) 811 (Na) 876** | **Apricot Chicken**  **Baked Potato**  **Roast Tomato**  **Orange**  **Challah Bread (cal) 741 (Na) 837** |
| **Monday 29th** | **Tuesday 30th** | **Wednesday 31st** | **Thursday** | **Friday** |
| **Red Wine Brisket**  **Mashed Potato**  **Green Beans**  **Dinner Roll**  **Cookie**  **(cal) 767 (Na) 400** | **Herb Roast Chicken**  **Roast Sweet Potato**  **Steamed Corn**  **Whole Grain Bread**  **Fruit Cup**  **(cal) 701 (Na) 842** | **Baked Cod**  **Rice Pilaf**  **Steamed Broccoli**  **Dinner Roll**  **Marble Cake**  **(cal) 702 (Na) 1117** |  |  |