SEPTEMBER2024



Stock Pot - Chilled Regular

Monday	Tuesday	Wednesday	Thursday	Friday
Holiday! No meals.	Macaroni & Cheese, Collards Mandarin, Wheat Bread 1% Milk/1 margarine	Beef Stroganoff, Mashed Potatoes, Peas, & Asparagus Peach Cup, Wheat Bread 1% Milk/1 margarine	Chicken Marsala, Cumin Ginger rice Roman Blend Pear Wheat Bread 1% Milk/1 margarine	Baked Tilapia 6 With Mango Chutney, White Rice, Carrots Mandarin, Wheat bread 1% Milk/1 Margarine
Black Eyed Peas, Vegetable Stew, Spanish Rice, Pear, Wheat bread 1% Milk	Chicken Diane, Mashed Potato, Carrots & Chard, Cookie, Wheat Bread 1% Milk/1 Margarine	Turkey Enchilada marinara spaghetti pasta, Green beans, Brownies, Wheat Bread 1% Milk/1 margarine,	Bolognese Lasagna, Mixed Veggies, Apple, Wheat Bread, 1% Milk/1 margarine	Baked & Blackened Cod, 13 Tartar Sauce, House Baked Potatoes, corn and red peppers Mandarin, Wheat bread 1% Milk/ 1 Margarine
Beef Chili, Corn Bread, Carrots, Banana, Wheat Bread (1 slice), 1% Milk/1 Margarine	Turkey Amandine, Pilaf Rice, Spinach, Fruit cup Whole wheat brea 1% Milk/1 Margarine	Spring Vegetable Fettuccine Alfredo with Chicken, Broccoli, Cookie, Wheat bread 1% Milk/ 1 Margarine	Hot-Dog Baked Beans Cole Slaw Hot Dog Bun Pear, 1% Milk/1 margarine	Minestrone with Spring Greens, Brown Rice, banana Wheat Bread 1% Milk/1 margarine
Chicken Stir Fry, White Rice, Oriental Blend, NY Local Apple, Wheat Bread (1 slice), 1% Milk/1 margarine	Swedish Meatballs, Mashed Potatoes, Kale, Banana, Wheat Bread 1% Milk/1 margarine	Cod in a Local Tomato Lemon Butter Sauce, B aked Sweet Potato, Asparagus, Cauliflower, Pudding, Wheat bread (1 slice) 1% Milk/ 1 margarine	Chicken Piccata, Orzotto, Broccoli, Mandarin, Wheat Bread (1 Slice), 1% Milk/1 margarine	Orecchiette Pasta Primavera, carrots Gelatin, Wheat Bread 1% Milk/1 margarine
Chicken Steak with Gravy, Biscuit, Green Beans, NY Local Apple, Wheat Bread (1 slice), 1% Milk/1 margarine				STOCK POT