***Kosher Menu***  *September*

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| **Monday 2nd** | **Tuesday 3rd** | **Wednesday 4th** | **Thursday 5th** | **Friday 6th** |
| **Labor Day** | **Stuffed Cabbage**  **Roast Beets**  **Baked Potato**  **Whole Grain Bread**  **Apple**  **(cal) 711 (Na) 1000** | **Herb Seared Tilapia / Lemon Sauce**  **Steamed Rice**  **Squash Medley**  **Dinner Roll**  **Cake**  **(cal) 809 (Na) 717** | **Rotisserie Chicken**  **Steamed Cauliflower**  **Sweet Potato**  **Cookie**  **Whole Grain Bread**  **(cal) 743 (Na) 554** | **Blueberry Blintz w/ Blueberry Sauce**  **Home Fries**  **Veggie Sausage**  **Peaches**  **Challah Bread**  **(cal) 737 (Na) 875** |
| **Monday 9th** | **Tuesday 10th** | **Wednesday 11th** | **Thursday 12th** | **Friday 13th** |
| **Beef Stew**  **Green Beans**  **Polenta**  **Dinner Roll**  **Pear**  **(cal) 886 (Na) 755** | **Apple Stuffed Chicken**  **Baked Potato**  **Peas and Onions**  **Pineapple**  **Whole Grain Bread**  **(cal) 701 (Na) 585** | **Beef Knish**  **Steamed Rice**  **Roast Beets**  **Dinner Roll**  **Apple Sauce (cal) 864 (Na) 524** | **Kotleti (Chicken Patty with Gravy)**  **Vegetable Potato Medley**  **Cookie**  **Dinner Roll (cal) 964 (Na) 856** | **Vegetable Quiche**  **Roast Potato**  **Fruit Cup**  **Challah Bread**  **(cal) 717 (Na) 833** |
| **Monday 16th** | **Tuesday 17th** | **Wednesday 18th** | **Thursday 19th** | **Friday 20th** |
| **Chicken Marsala**  **Roasted Potato**  **Steamed Broccoli**  **Dinner Roll**  **Jello**  **(cal) 754 (Na) 633** | **Baked Cod**  **Rice Pilaf**  **Asparagus**  **Whole Grain Bread**  **Cake and Fruit Cup**  **(cal) 790 (Na) 1246** | **Pasta Primavera with Veggie Crumble**  **Steamed Spinach**  **Pudding**  **Dinner Roll (cal) 836 (Na) 846** | **Meatloaf with Gravy**  **Mashed Potato**  **Green Beans**  **Banana**  **Whole Grain Bread**  **(cal) 760 (Na) 532** | **Chicken Kiev**  **Braised Cabbage**  **Sweet Potato**  **Clementine**  **Challah Bread (cal)722 (Na) 865** |
| **Monday 23rd** | **Tuesday 24th** | **Wednesday 25th** | **Thursday 26th** | **Friday 27th** |
| **Meatball Stroganoff**  **Egg Noodles**  **Steamed Carrots**  **Fruit Cup**  **Dinner Roll (cal) 713 (Na) 583** | **Herb Roast Chicken**  **Corn and Peppers**  **Roast Potato**  **Cookie**  **Whole Grain Bread (cal) 719(Na) 943** | **Beef Kabob**  **Sweet Potato**  **Roast Vegetables**  **Dinner Roll**  **Jello**  **(cal) 724 (Na) 700** | **Dill Poached Salmon**  **Rice**  **Spinach**  **Orange**  **Whole Grain Bread (cal) 749 (Na) 497** | **Potato Pierogis**  **Veggie Sausage**  **Sauteed Mushroom and Onions**  **Challah Bread**  **Cake/Fruit Cup**  **(cal) 838 (Na) 1273** |
| **Monday 30th** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Chicken Cacciatore**  **Egg Noodles**  **Dinner Roll**  **Fruit Cup**  **(cal) 727(Na) 546** |  |  |  |  |