

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Hot Dog (Beef) Baked Beans Mashed Potatoes Soft Fruit Nutritional Shake Calories 865 Sodium 910mg	Herb Roasted Chicken Thigh w/ Gravy Mashed Potatoes Carrots Soft Fruit Nutritional Shake Calories 680 Sodium 387mg	Beefy Mac & Cheese Tortellini Cheese Tortellini Brussel Sprouts Soft Fruit Nutritional Shake Calories 960 Sodium 868mg	Swedish Turkey Meatballs Roasted Potatoes Broccoli Soft Fruit Nutritional Shake Calories 735 Sodium 825mg	Braised Beef & Vegetables Mashed Potatoes Spinach w/ Peppers Soft Fruit Nutritional Shake Calories 770 Sodium 456mg
10	11	12	13	14
Potato Pollock Mashed Sweet Potatoes California Blend Vegetables Soft Fruit Nutritional Shake Calories 770 Sodium 591mg	Unstuffed Pepper Bowl w/ Beef & White Rice Carrots Soft Fruit Nutritional Shake Calories 917 Sodium 564mg	Shrimp Tacos w/ Cheese Mashed Potatoes Black Beans, Corn & Peppers Soft Fruit Nutritional Shake Calories 692 Sodium 828mg	Cheeseburger Mashed Sweet Potatoes Green Beans & Red Peppers Soft Fruit Nutritional Shake Calories 976 Sodium 616mg	Chicken Anna Maria Mashed Potatoes Mixed Vegetables Soft Fruit Nutritional Shake Calories 780 Sodium 619mg
17	18	19	20	21
Sausage w/ Abruzzi Sauce Bowtie Pasta Tuscan Vegetable Blend Soft Fruit Nutritional Shake Calories 800 Sodium 887mg	Meatloaf w/ Gravy Garlic Mashed Potatoes Green Beans & Red Peppers Soft Fruit Nutritional Shake Calories 756 Sodium 796mg	Chicken Carbonara w/ Ham Whole Grain Pasta Broccoli Soft Fruit Nutritional Shake Calories 746 Sodium 879mg	Pork w/ Mustard Wine Sauce Butternut Squash Green Peas Soft Fruit Nutritional Shake Calories 812 Sodium 487mg	Chicken & Vegetable Stir Fry White Rice Beets & Greens Soft Fruit Nutritional Shake Calories 801 Sodium 656mg
24	25	26	27	28
Salmon w/ Dill Sauce Mashed Potatoes Mixed Root Vegetables Soft Fruit Nutritional Shake Calories 843 Sodium 455mg	French Onion Chicken Mashed Potatoes Green Peas Soft Fruit Nutritional Shake Calories 782 Sodium 670mg	Sloppy Joe (Beef & Turkey) Baked Beans California Blend Vegetables Soft Fruit Nutritional Shake Calories 807 Sodium 493mg	Herb Crusted White Fish w/ Lemon Mashed Potatoes Carrots Soft Fruit Nutritional Shake Calories 742 Sodium 632mg	Turkey, Cheese & Ham, Egg Casserole Roasted Potatoes Broccoli Soft Fruit Nutritional Shake Calories 767 Sodium 765mg
31				
Lemon Ricotta Parmesan Chicken Cheese Ravioli Mixed Root Vegetables Soft Fruit Nutritional Shake Calories 841 Sodium 804mg				