



Veterans Day Celebration

All U.S. Veterans and their families are invited to an engaging morning of discussion, resources, and hands-on technology demonstrations. Enjoy coffee and pastries while learning about services and tools that may enhance your independence, well-being, and everyday life.

Tuesday, November 10 – 10am-12pm
Mystic Valley Aging Services
300 Commercial St., #19, Malden MA 02148

This event includes:

- An overview of the Veteran Directed Care (VDC) Program
- A hands-on demonstration of Meta AI Ray-Ban Smart Glasses, with an opportunity to try them yourself
- Panel Discussion
David Mangan, Veteran Services Officer, Wakefield
Emery Haskell, Veteran Services Officer, Malden
Coach Julio Salado, founder of Fitness Foundry
Tori Murphy RD, LDN Registered Dietitian at MVAS
- Referral specialists available to answer questions and connect you with local resources

Call 781-873-4422 to RSVP

Free parking available



Mystic Valley
Aging Services